

hours of operation

Spa Facilities	7:00 am - 8:00 pm
Boutique	7:00 am - 8:00 pm
Refreshment Bar	7:00 am - 6:00 pm
Spa Therapies	8:00 am - 7:30 pm
Salon	9:00 am - 6:00 pm

Westin Workout features state-of-the-art cardio and strength training equipment and LCD screen monitors. Your room key provides access to exterior gym doors 24 hours/7 days.

(Subject to change).

reservations

We recommend scheduling your spa appointments prior to your arrival. All Agave services are guaranteed with a credit card. Please call Agave at 480-624-1500 or in-house touch 1500. All prices are subject to change without prior notification.

check-in

Please check-in at the Spa Reception Desk at least 30 minutes prior to your first scheduled appointment. Unfortunately, late arrivals will receive abbreviated treatments in order to keep other guests on time.

movement classes-fitness

Schedule available upon request. A complimentary yoga class is included with your 50 minute spa service on the day the service is rendered.

daily facility fees

Resort guests receiving a 50 minute spa service or those participating in the daily Resort Service Charge will receive complimentary access to the spa facility. Otherwise there will be a \$20 per day charge. The spa facilities include sauna, steam room, whirlpool, relaxation area and locker.

Non-resort guests will need to purchase a 50 minute spa service at Agave, which will give them unlimited access to the spa facilities and Westin Workout on the day the service is rendered.

pricing

Pricing for services fluctuates with changes in demand. Prices are subject to change without prior notice.

cancellation

As a courtesy to other guests and our service providers, there will be a 4-hour cancellation or change policy. Without this notification you will be charged in full.

gratuities

Spa services are subject to a 20% service charge (which is distributed in its entirety to spa staff). Prices are subject to change without prior notice.

child care

The spa is appropriate for guests 16 years and older. Please inquire at the time of registration regarding select salon appointments that are suitable for younger guests with parental supervision. The Westin Kids Club accepts children ages 4-12 and offers three sessions daily. The Westin Kids Club is available at a 10% discount per child to any parent visiting the spa, including non-resort guests. Simply present your spa receipt to the Westin Kids Club to receive this discount. For more information and session times contact the Kierland Mining Co. at 480-624-1268 or in-house touch 1268.

eastern essence

Begin a new journey toward "wellness" at The Westin Kierland Resort's Agave, the Arizona Spa. Eastern Essence is a series of treatments combining Traditional Chinese Medicine and other holistic modalities that support the body's own healing mechanisms. Many internal diseases or chronic conditions can benefit greatly from the following therapies:

Acupuncture

~ 50 minutes, from \$129

~ 80 minutes, from \$169

This is an opportunity to find out where your body is out of balance.

Most diseases and disharmonies can be traced to a particular imbalance. You will complete a health questionnaire prior to your appointment.

Acupuncture is the insertion of very fine needles on the body's surface, in order to influence physiological functioning of the body (i.e. enhance the body's innate ability to restore itself to full health). Acupuncture restores the body's sense of "well-being."

PLEASE WEAR LOOSE CLOTHING.

Tui' Na

~ 50 minutes, from \$149

~ 80 minutes, from \$189

This unique massage seeks to establish a more harmonious flow of qi and blood in your body, allowing the body to heal itself naturally. Tui' Na uses a variety of hand techniques to stimulate acu-points and meridians. Tui' Na loosens tight muscles and joints while stimulating circulatory, lymphatic and neurological systems of the body.

PLEASE WEAR LOOSE CLOTHING.

Wellness Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

This exclusive therapy is designed to support and nourish the "whole" person by reconnecting the mind, body, and spirit. Your healing session incorporates Eastern Essence and energetic therapies to restore balance. This is an excellent massage for someone suffering from stress, fatigue, cancer, or any chronic illness.

Table Thai Massage

~ 80 minutes, from \$189

This dynamic massage has roots deeply seeded in Thai tradition. Often described as a blend of shiatsu acupressure and yoga stretches, it is performed on a massage table without the use of massage oil to achieve a deep sense of relaxation and peace.

PLEASE WEAR LOOSE CLOTHING.

Craniosacral Energy Therapy

~ 50 minutes, from \$149

This holistic therapy session uses a gentle touch to balance the rhythms of the cranio-sacral fluid in the upper regions of the body. By applying specific holds along the spine and cranium you will experience deep relaxation and balance. This is especially beneficial to those with chronic neck and back pain, migraines, and TMJ Syndrome.

agave spa journeys

Each Agave Spa Journey includes gratuity in the special pricing. Also includes unlimited use of the spa facility, Westin Workout, and yoga classes for the day. Please note the Oxygen Infusions are excluded from the Journeys.

Pulque (pool-cay)

~ from \$299

Choose two out of the three 50-minute services:

Body Therapy, Massage or Facial.

~ Please allow two hours

Maguey (mah-gway)

~ from \$449

You receive the following 50-minute services: Body Therapy, Massage and Facial.

~ Please allow three hours

Blue Agave (ah-gah-vay)

~ from \$649

You receive the following 50-minute services: Body Therapy, Massage and Facial. Also includes 50-minute Agave Scalp Massage and 25-minute On-the-Go Manicure & Pedicure.

~ Please allow six hours

Rejuvenation

~ from \$239

You receive a 50-minute Signature Pedicure and choice of one of the following three 50-minute services: Body Therapy, Massage, or Facial

~ Please allow two hours

agave signature therapies

Agave Enchantment

~ 80 minutes, from \$189

This hydrating therapy will soften the skin and increase blood circulation. A body mask rich in desert plant extracts will also stimulate and rejuvenate the body. The combination of Agave extract and essential oils is a remarkable way to restore balance to your body and a sense of well being to your spirit.

Blue Agave Mud Wrap

~ 80 minutes, from \$189

Delight in the natural exfoliating benefits of this soothing mud wrap. A combination of jojoba beads and Moor Mud will improve the elasticity as well as soothe joints and muscles. While your body is enjoying the benefits, you will receive a relaxing scalp massage.

Agave Body Glow

~ 50 minutes, from \$149

This exfoliating therapy eliminates dry skin and replenishes moisture. The treatment begins with a full body polish using our signature salt scrub infused with grapefruit essential oil and natural Agave extract followed by an application of agave lotion to seal in moisture and nourish the skin. May be performed with or without Vichy shower, please specify. **We recommend you do not shave the day of service.**

agave body therapies

Desert Journey

~ 80 minutes, from \$189

A therapeutic body envelopment combines skin brushing, gentle exfoliation and desert mud, rich in natural beauty elements: Magnesium, Iron, Calcium, Potassium and Sodium. These replenishing minerals work to rejuvenate and smooth the skin, while relieving fatigue and exhaustion, resulting in a feeling of ultimate renewal. This treatment concludes with a light application of Epicuren 50/50 moisturizer.

Brown Sugar Oasis

~ 50 minutes, from \$149

Indulge yourself in a full body sugar polish that smoothes and softens the skin using the benefits of brown sugar, essential oils and oils of sweet almond, apricot kernel and jojoba. This treatment is designed to exfoliate and moisturize while enhancing your skin's natural glow.

Organic Spray Tanning

~ 25 minutes, from \$89

~ 50 minutes, from \$139

Enjoy the healthy glow of a suntan without the harmful side effects of the sun's rays. The 50 minute treatment starts with a body scrub that will extend the life of the tan. Then, experience the latest in spray tanning technology. This is perfect for anyone looking for that healthy sun-kissed look.

Fresh Start Renewal

~ 50 minutes, from \$149

Revitalize and improve skin tone, with this salt scrub therapy. Combined with 7 jets of the Vichy shower, this exclusive treatment exfoliates and renews the skin with a desert botanical scrub. A portion of the proceeds benefit the Fresh Start Women's Foundation.

We recommend you do not shave the day of service.



massage therapies

Your health depends on just taking time for you. Experience the soothing, healing touch of one of our professionally trained massage therapists.

Agave Master Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

Our full body massage utilizes long strokes and kneading to reduce tension, soothe sore muscles, and increase circulation to promote total relaxation.

Rollerssage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

Rollerssage combines the deep healing power of a Swedish massage with radiating heat to relieve tight muscles. The gem of the treatment lies within the semi-precious stones that are taken from all over the earth. The smoothness from the semi-precious stones, combined with heat, give a euphoric sensation unique only to the Rollerssage treatment.

Aromatherapy Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

A custom-blend of aromatic oils, as used for relaxing, energizing and healing, are infused into your massage to further enhance your relaxing experience.

Rain Massage

~ 50 minutes, from \$149

A cutting edge rowing technique paired with warmed, smooth rainsticks and aromatherapy. This treatment is a deeply warming and renewing journey that nourishes not only the body but the soul.

FORE-MAX™ Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

We encourage you to prepare, restore and repair your muscles with this exclusive athletic massage. Stretching and flexibility are incorporated into stimulating Swedish massage prior to performance. After completing a Fore-Max session, a round of golf, or physical exertion, look to our post performance version where we recover the muscles and help release lactic acid from the body.

Therapeutic Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

A deep tissue massage that releases chronic muscle tension and toxins, aids in relieving tightness and assists in recovery from activity-induced soreness.

Heavenly In-Room Massage

~ 60 minutes, from \$219*

~ 90 minutes, from \$279*

Remain in the comfort of your own room, and we'll come to you.

Choose from our Agave, Therapeutic, Couples or Mother-to-Be massage.

Look forward to drifting off to sleep in your Heavenly Bed after a visit from one of our professional therapists. This service is available from 7am to 10pm daily. Services offered by same gender therapist.

*Pricing is per person. Gratuity is included in this pricing.

massage therapies (continued)

La Stone Therapy

~ 70 minutes, from \$189

True La Stone massage involves the application and movement of heated basalt stones and cold marble stones. This unique contrast of temperatures assists in reducing inflammation and aids in restoring balance to the body. Native Americans use these stones in their healing ceremonies to induce deep relaxation and an enhanced well-being.

Couples Massage

~ 50 minutes, from \$149*

~ 80 minutes, from \$189*

For a truly unique experience, enjoy a massage of your choice while relaxing side by side. Soft lighting, gentle music and glowing candles will take you both away from it all. Therapies available: Agave Master Massage, Mother-to-Be Massage, Rollerssage and Therapeutic Massage. *Pricing is per person.

Mother-to-Be Massage

~ 50 minutes, from \$149

~ 80 minutes, from \$189

This is a nurturing and relaxing massage featuring Spoiled Mama products specifically designed for the Mother-to-Be. Individual attention is given by our specially trained and certified therapists to the mother's comfort and stage of pregnancy. Positioning techniques are used to ensure safety and comfort of mother and baby.

Stimulating Scalp Massage

~ 25 minutes, from \$89

Mental clarity is achieved through an invigorating scalp massage. Stimulating rosemary oil is massaged into the scalp, neck and temple. A conditioning balm of rosemary and mint is applied to complete the experience. We recommend that you leave the conditioning balm in your hair and rinse after an hour or two.



facial therapies

Treatments, other than the Oxygen Infusion include: complete skin analysis, cleansing, steam, exfoliation, massage, masque and extractions when needed. Our aestheticians will customize the facial treatment to meet your personal needs. Facial waxing is available with the Signature and Men's Executive facials only, for an additional fee. 80 minute treatments include hand and foot paraffin.

Oxygen Infusion

Oxygen Infusions are healthy from the inside out! This revolutionary skincare treatment simultaneously infuses moisture, vitamins and anti-oxidants into the skin via cooling, calming topical hyperbaric oxygen resulting in luminous, unparalleled hydration and visible, age defying results.

- **Rejuvenation Hydrating Infusion** ~ 50 minutes, from \$189
- **Clarity Infusion** ~ 50 minutes, from \$189
- **Opulence Brightening Infusion** ~ 50 minutes, from \$189
- **Ultimate Infusion** ~ 80 minutes, from \$299

Anti-aging Serum

~ from \$69

Compliment any Rejuvenation or Opulence Brightening Infusion with a Botox alternative. This serum instantly plumps and decreases fine lines and wrinkles.

Agave Signature Organic Facial

~ 50 minutes, from \$159 ~ 80 minutes, from \$209

A customized facial that uses a repairing, refining or firming serum chosen specifically for your skin care needs. This treatment is the true foundation for healthy, vibrant skin.

*Wellness Facial

~ 50 minutes, from \$159 ~ 80 minutes, from \$209

In this therapeutic facial you will experience an intense, yet gentle enzyme treatment designed to promote total skin health. It dramatically improves your skin's firmness, elasticity, texture, color and overall appearance.

Men's Executive Facial

~ 50 minutes, from \$159 ~ 80 minutes, from \$209

Rich in organic ingredients, this treatment helps to prevent razor burn and sensitivity. Deep cleansing and mild exfoliation is accompanied with a tranquil massage for the face, neck, and shoulders and hands. Please shave two hours before this treatment.

*Never-Too-Soon Teen Facial

~ 50 minutes, from \$159

It's never too early to start your teenagers on a great skin care program. Customized skincare products are designed for their young skin. We will teach your teen the importance of proper skin care, acne prevention and sun protection.

*Back Facial

~ 50 minutes, from \$159

Classic facial techniques, combined with extractions as needed, exfoliation and purifying mask.

*Indicates no sun or facility use before or after treatments

facial add-in's

Recommended within the Agave Signature Organic Facial and Men's Executive Facial.

Lip Contour

~ from \$29

Elastin and Collagen refresh and diminish fine lines for visible results.

De-Stress Eye

~ from \$29

An effective treatment to combat wrinkles and reduce puffiness around the eyes.

nail therapies

Agave Signature Nails

~ Manicure 50 minutes, from \$69 ~ Pedicure 50 minutes, from \$89

This relaxing hand and/or foot treatment utilizes pure and natural essential oils leaving you with beautiful skin and nails.

Flower Essence Nails

~ Manicure 50 minutes, from \$69 ~ Pedicure 50 minutes, from \$89

Awaken your inner and outer beauty with energetic infusions of flower essences. This special manicure and pedicure incorporate elixirs, organic skin care, and natural perfumes to enhance clarity, peace and happiness.

On-the-Go Nails

~ Manicure 25 minutes, from \$39 ~ Pedicure 25 minutes, from \$49

A quick pampering for hands and/or feet on the go. Begin with a soothing soak and exfoliating scrub, followed by a light buffing. Choose your polish and you are ready to go!

French Nails

~ Manicure 50 minutes, from \$79 ~ Pedicure 50 minutes, from \$99

This relaxing hand and/or foot treatment utilizes pure and natural essential oils leaving you with beautiful skin and nails, with a finish of French polish.

Gel Polish

~ Manicure 50 minutes, from \$59

Extend the life of your manicure while enhancing the beauty of your natural nails with gel lacquer.

French Gel Polish

~ Manicure 50 minutes, from \$69

Enjoy a gel polish manicure with a finish of French polish.

Gel Polish Removal

~ With new gel polish manicure, from \$9

~ Gel polish removal only, from \$19

Executive Upkeep for Men

~ Manicure 25 minutes, from \$29 ~ Pedicure 25 minutes, from \$49

A quick pampering for hands and/or feet on the go. Begin with a soak and exfoliating scrub, followed by light cuticle work and a buffing to a high shine.

Razzle-Dazzle Nails

~ Manicure 25 minutes, from \$29 ~ Pedicure 25 minutes, from \$39

Vibrant colors and unique treatments highlight this simple, yet elegant experience for the young prince or princess in your family.

Appropriate for guests 12 years and younger.

Paraffin Therapy

~ Add-on for Hands & Feet, from \$19



make-up

Make-Up Application - Eyes, Cheeks and Lips ~ 25 minutes, from \$59

Make-Up Lesson ~ 50 minutes, from \$89

hair therapies

Haircut Only, from \$49

Children's Haircut (12 and under), from \$39

Partial Highlights, from \$79

Foil Highlight/Weave, from \$99

Shampoo and Style, from \$49

Shampoo, Cut, Style, from \$59

Hair Color (Permanent and Semi-Permanent), from \$79

Up-Do, from \$69

Bang Trim, from \$19

Beard Trim, from \$19

Brow Tint, from \$39

Facial Waxing (Lip, Chin or Brow), from \$19

Agave Scalp Treatment

~ 50 minutes, from \$89

Experience the effects of our intensive moisturizing treatment for your scalp in this customized scalp conditioning massage. Includes shampoo and style.

Replenishing Hair & Scalp Therapy

~ 80 minutes, from \$149

Jolt dry, dull, and chemically treated hair back to life with moisture and protein. This therapy, featuring Barex Shock Treatment, benefits both the scalp and hair. Includes scalp massage, blow dry and style.

Organic Bonded Hair Extensions

~ 25 minute consultation, from \$29

Transform your look with 100% human hair extensions applied with an organic bond. Consultation required for pricing.

wedding journeys

Bridal Bouquet

Pre-payment allows you to be carefree on your wedding day. Enjoy a planning session before your wedding to make arrangements for your special day.

Make-up Session

~ 2 visits, from \$119

Includes pre-wedding consultation and application, as well as wedding day application.

Bridal Hair Design

~ 2 visits, from \$129

Includes pre-wedding consultation and style, as well as wedding day style.

Tux Deluxe

~ 1 visit, from \$109

A day for the groom-to-be. This package includes a men's haircut and our Executive Upkeep Manicure and Pedicure. Please allow 2 hours for this package.

personal fitness

Personal Training

~ 1 class, \$99 ~ 3 classes, \$269 ~ 5 class, \$399 ~ 10 classes, \$699

Traveling doesn't mean you have to skip your workout. Train with a health and fitness professional to enhance your current exercise program. Whether you are a beginner or an elite athlete you can take part in this motivating service. Each session is 50 minutes.

Private Yoga

~ 50 minutes, from \$79

In a one-on-one setting, learn easy and subtle postures to increase flexibility, enhance physical and emotional well-being and aid in stress reduction. Personalized to your preference, let one of our experienced yoga instructors work one-on-one with you to create a mind/body connection.

Body Composition

~ 30 minutes, from \$89

Assess your lean muscle-to-body fat percentage and receive a complete software profile of each body site tested. Refrain from exercise and caffeine prior to this appointment. Please wear a loose fitting shirt and shorts.

Nutritional Assessment

~ 50 minutes, from \$119

Achieve better health through better nutrition with the assistance of our certified Nutritionist. You will receive recommendations on what to eat and what to avoid eating, along with what herbal, vitamin or mineral supplements might be best for you based on results gained from your intake form. Intake form will be completed prior to treatment.

Tennis

~ 30 minutes from \$49 ~ 1 hour from \$89 ~2 hours from \$169

Enjoy a one-on-one session with tennis professional.

Weekly class schedule available.



FORE-MAX™ golf training system

At the Westin Kierland Resort & Spa, you'll find an exclusive program that brings together traditional instruction, fitness, training and nutrition. Most programs touch on one or two of those elements at most. FORE-MAX™ training program is a "one-stop" fitness and golf training system.

Here's a snapshot of what you can expect:

FORE-MAX's Steve Heller has teamed up with industry-lauded golf instructors, Mike and Sandy LaBauve of Kierland's LaBauve Golf Academy, to develop FORE-MAX™ Training System, which blends the best of exercise physiology with top golf instruction. The result is a personalized work out program that's virtually guaranteed to increase driving distance and stamina on the course.

For the traveling guest, FORE-MAX™ training program regimen is compiled into a take-home format. Ongoing correspondence with the FORE-MAX™ training team is offered.

Steve Heller, Fitness Director at The Westin Kierland Resort & Spa is the co-creator of this revolutionary fitness and golf-training program. For the last seven years, he has worked with amateur and professional athletes in Phoenix/Scottsdale regarding exercise physiology in relation to sports specific training.

Mike and Sandy LaBauve of LaBauve Golf Academy are among the very few husband-wife teaching teams in the world, both in the "Top 100 instructors" with Golf Magazine. Mike is also listed in the "Top 50 Instructors" of Golf Digest and Sandy is listed in Golf Digest's "Top 50 Women Instructors."

We encourage all guests who are interested in learning new ways to gain consistent distance in their game to contact Agave, the Arizona Spa for more information on class times and availability.

This service is also available for large "Boot Camp" sessions with groups up to 300 attendees. For pricing, please call the Spa.

480-624-1500 or ext 1500 from a guestroom phone.

