

THE WESTIN
KIERLAND
RESORT & SPA
PHOENIX-SCOTTSDALE

FOR IMMEDIATE RELEASE

CONTACT: Stephanie Dowling
(480) 624-1315
stephanie.dowling@westin.com

**Enjoy a New You with "Be Well Wednesdays" at Agave, The Arizona Spa at
The Westin Kierland Resort & Spa**

*Agave Spa reaches out to the local community every Wednesday to help
residents focus on their health*

Scottsdale, Ariz. (2010) – Agave, The Arizona Spa at The Westin Kierland Resort & Spa in Scottsdale, Ariz. is helping the local community celebrate and focus on their health with an event just for them. Agave Spa celebrates Arizona residents with their "Be Well Wednesdays" each Wednesday of every month!

"Be Well Wednesdays" at Agave Spa is a complimentary special event that focuses on rejuvenating the local community. With the stressful economic times, Agave wants to help Arizona residents become stress free and focus on their health with workshops and exclusive Agave Spa discounts just for them. Valley residents can simply show their Arizona Driver's License or a utility bill and form of identification to take advantage of these special promotions on "Be Well Wednesdays:"

- 30% discount on all Agave Spa and Salon services
- 20% discount on all Agave Spa retail items
- Complimentary meditation class at 3pm with Damian Vaughn of the Vaughn Center
- Complimentary FORE-MAX Training System fitness consultation

Offered each Wednesday, local residents can call (480) 624-1500 or visit www.kierlandresort.com to get more information on the next "Be Well Wednesday."

About Agave, The Arizona Spa

Utilizing traditional native treatments handed down from Arizona's many cultures of healing, Agave, The Arizona Spa, located at The Westin Kierland Resort & Spa, is a heavenly retreat designed to rejuvenate and renew the mind, body, and spirit. This memorable spa showcases exclusive services developed by its own therapists as well as rare ancient treatments infused with the essence of the Far East. Agave features a full-service salon, movement studio, weight training/cardiovascular studio, men's and ladies' locker rooms (each with whirlpool, sauna and steam room) and a juice bar. Cabanas surround the pool garden, providing guests with a private area for relaxing, meditation and exterior spa treatments.

-more-

About The Westin Kierland Resort & Spa

The Westin Kierland Resort & Spa is a four-diamond Resort located in the heart of "new" Scottsdale in the Sonoran Southwest. The Arizona Resort features 732 rooms, 55 suites and 32 casitas; 208,000 square feet of indoor and outdoor function space; eight food and beverage venues; a full-service spa and fitness studio; an elaborate water park including a water slide and lazy river ride; Westin Kids Club®; and the 27-hole Kierland Golf Club. Kierland Resort offers award-winning Family FUN events and activities in Phoenix. As an added benefit, The Westin Kierland is adjacent to Kierland Commons, one of the hottest shopping and dining districts in the Valley, and the new Scottsdale Quarter. For more information about The Westin Kierland Resort & Spa please visit www.kierlandresort.com or call 480-624-1000. Follow us on [Twitter](#) and fan us on [Facebook](#).

###